

## Location.

Our association is located in Catalonia (Spain), more precisely our several centers are in the county of Osona (see attached maps).



European Voluntary Service  
Association Sant Tomàs

Association Sant Tomàs has different centers around the county of Osona, which is a region from Catalonia, one of the most beautiful and developed areas in Spain.



Osona has 50 towns, with a total population of 155.000 habitants and an extension of 1.245 km<sup>2</sup>. Its geographic location is optimal because it's situated between on the best European beach zones, the Costa Brava, and at the same time it's near from the Pyrenees, a huge range of mountains famous due to their amazing landscapes. In addition, you're only 40 minutes by car from one of the best cities in the world: Barcelona!

Osona's capital is Vic, the town where the volunteers will live. With 40.000 habitants, it's the perfect combination of a town and a city. In other words, Vic is surrounded by fields and forest so you only need 5 minutes to find yourself in the middle of silent and beautiful landscapes. At the same time Vic has all the services and facilities from a big city: restaurants, discotheques, university, sports facilities, libraries, cinemas, shopping centers, and a big etc.

Osona has Mediterranean climate so the temperatures are quite soft during the year, with warm summers and rare rainfalls. This area is also known because of the quality and variety of its diet. Agriculture and livestock play an important role in the local economy and it enables the presence of really healthy products, specially vegetables and fresh meat.

To sum up, Catalonia and specially the county of Osona is a really good place to live, especially for youngsters. Local people is very friendly with strangers, you can enjoy an unlimited number of cultural and leisure activities and there's a low cost of living compared with most of the European countries. We're sure that, if you come to visit us, you will agree with all these statements!



## Our own map.

In addition, we've created this interactive map so you can have a better idea about our city, where you can find interesting places, cultural facilities, parks, supermarkets, and a lot of useful info!

<https://drive.google.com/open?id=1wR4bl7R6xd7A3BWEQ3yxKlXrKOo>

## Sports facilities.

Catalonia has a very strong sports tradition, so you can find plenty of facilities in Vic and its surroundings (for both genders): more than 10 official football and basket teams, as well as public fields and courts, tennis and padel clubs, public and private swimming pools, plenty of gyms, running and cycling competitions, skate parks, athletics facilities, rugby field, hockey teams, volleyball teams, handball teams... Due to its proximity it's also an optimal territory to practice sports in the nature like running, cycling, climbing, kayaking, etc.

Most of the teams accept new players during the year, so if you're interested in joining one of them we will help you to do it.

## Leisure facilities.

Vic is precisely the opposite of boring. Specially since the creation of the Vic's University (UVIC), which has brought a lot of Erasmus students and transformed the city towards a more modern and globalized place.

As said before, Vic has all the facilities of a modern and globalized city: coffee shops, cinemas, lecture clubs, paintball activities, museums, churches, escape rooms, local market, fairs, shopping centers, discotheques, bars...

We will provide the volunteer with a detailed list of all these services and the necessary information to join them.

\*All the information provided will be extended and personalized for every volunteer according to their profile and interests



## Useful information.

- Local languages: Catalan and Spanish. However, most of the citizens speak English.
- Public Transport: Public Bus and Train Service. We'll provide the volunteers with the whole routes.
- Guidance prices: Coffee 1,30€; Sandwich 3€; Restaurant dinner 10-13€;
- Places of interest: Vic's Major Square, El Pantà de Sau, Barcelona, the Roman Temple, Pyrenees mountains, and a big etc.
- Necessary phone numbers: Police: 112; Ambulance 061; Taxis 93885500; General Information 012;

## Interesting websites.

- Tourism in Vic: <http://www.victurisme.cat/>
- Vic's map and services: <http://guia.vic.cat/vicgis/visor-vicmap.jsp>
- Vic's youngsters' website: <http://www.vicjove.cat/presentacio/>
- BBC report from Catalonia: <http://www.bbc.com/news/world-europe-20345071>
- 50 must-see places in Catalonia: <http://www.timeout.com/barcelona/things-to-do/50-must-see-places-in-catalonia>

# FOR MORE INFORMATION

DON'T HESITATE TO CONTACT

[2theinclusion@santtomàs.cat](mailto:2theinclusion@santtomàs.cat)

