



To Be Unique



## Erasmus + Youth exchange project: "POWER OF UNICORN"

**This project idea is „How to be UNICORN – how to be UNIQUE“**

This project aims is to encourage youngsters for personal growth to step out from comfort zone to develop personal skills and competences. Project activities is based on non-formal education methods and *Experiential learning* ("learning through reflection on doing"). *Activies will lead to aims for youngsters to be Unique* As personality, be self-confident, creative, free-mind, free as a personality, to strive for individual joyful and motivational livelihood, and other opportunities that is personal and cares for each of participant individually.

During the exchange project there will be workshops, discussions, presentations, teambuilding activities, icebreaking games, intercultural cognition activities, creativity development and self-development simulation games, filming activities, excursions – getting know city and culture, social communication activities, results dissemination, meeting local community, cultural orienteering game with special tasks and other.

As a result dissemination of project activities that mainly is oriented to participants personal development there will be organized activities for creation and making short 2-4 minute motivational- inspirational movie clip „How to be UNICORN – how to be UNIQUE“ that will be presented in social media and video sharing platforms, also it will be presented together with project for youth organizations during last day of the exchange program.

### **The project goals are:**

- Encourage youngsters for personal growth to step out from comfort zone to develop personal skills and competences.
- Help youngsters to be unique, self-confident and open minded.
- Share intercultural experiences and knowledge.
- Promote intercultural dialogue and tolerance between different cultures.
- Show opportunities for young people to participate in youth work and in the labour market.
- Help to make a future vision and plan how to accomplish it step by step.
- Motivate young people to find a job they like or to make their own business.
- Encourage European youth cooperation.

### **The project will be implemented through the following actions:**

- Project management during which and organizational team is formed and further project administration is carried out (communication with partners, technical preparations, etc.).
- Preparation visit during which the partners will agree the concept of work during the exchange, as well final exchange program will be prepared. Our organisation and partners will agree the activities of preparation of the exchange and special requests. The visit will take place 14.04.2019-16.04.2019.
- Agreement between partners about methods and principles that will be used during the project. Our organisation and partner will also discuss the tasks and work that will be required before the exchange program.



- Youth Exchanges:
  1. Meeting with participants, team building, ice-breaking and trust games.
  2. Cultural evening that will help to know each other better.
  3. Creativity development and self-development simulation games, workshops.
  4. Motivational films and videos evening.
  5. Discussion about participants fears and what stops him or her from reaching their goals.
  6. Working with specialists about planning, goals and strategic management (vision, mission and implementation plan).
  7. Individual work of each participant in developing his vision of life and planning for its implementation.
  8. Presentations of participants about what makes me unique and step by step plan how to go out of comfort zone and to reach my goal.
  9. Excursions.
  10. Communicating with local population, interviewing them about the goals of life for their aspirations and outcomes.
  11. Creating and delivering a common European vision for young people.
  12. Discussion and evaluation of exchanges. Participatory self-assessment activities.
  13. Motivational 2-4 minutes clip "How to be UNicorn- How to be UNIque" that will represent our project in social media and video sharing platforms, also it will be presented together with project youth organizations during the last day of the exchange.

**The project issues and needs that we want to seek during this project:**

- To help young people feel unique, creative, open minded and self-confident. These character properties will help to find a job that young people like and, because of this, young person will enjoy his life and the job will be done as good as he can.
- To learn young people about education system and develop competences needed to adapt to labour market challenges and development of social competence, organization of program activities in order to provide the necessary knowledge and skills.
- Projects addressing issues related to youth employment, active inclusion and promoting exchanges of a good practise; ( participants in the project activities will meet people who already achieved good results in their lives and young people will have chance to learn more about it).

**PROJECT DETAILS INFORMATION:**

**APV dates:** 2019-04-14 – 2019-04-16 (2 days + 1 arrival day)

**Exchange program dates:** 2019-05-21 – 2019-05-29 (8 days + 2 arrival day)

**Participants:** 6 participants and 1 leader per group - total group size 35 people.

**Partners:** total 5 partners (countries)

**Working language:** English

**Project place:** Region of Kaunas in Lithuania



## **ABOUT ORGANIZATION: "FELIX UNICORNIS"**

The name of our organization "Felix unicornis" in Latin means "happy unicorn". The values of the organization are disseminated: individual uniqueness, humanity, simplicity, tolerance, creativity, self-confidence, decisiveness. The activities of the "Felix unicornis" organization are focused on the learning of the personality through non-formal education methods, through experiential and experiential learning methods, acquisition and improvement of competences. "Felix unicornis" focuses on developing a person as a full-fledged, socially responsible and creative individual personality. Much attention is paid to international cooperation, learning from international experience and practice.

We are open-minded organization that has a lot of ideas, experience and experienced members, which in cooperation together with other project partners could make and implement good quality project.

Our organization member is very active, responsible and willing to organize activities. We have experienced persons with high education level, experience in youth work, trainings, seminars and other activities. Our members also have these knowledge and qualities: planning skills; organizational skills; coordinating skills; project and conferences skills; Training skills; project writing-hosting-coordinating skills; non-formal education intercultural learning methods application skills. Our organization have human and technical resources for project administration, preparation and implementation. We are going to involve the participants who have already taken part in either youth projects or training courses so that they could share their experience with other participants of the project.

## **CONTACTS:**

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