Family center The Little Heart

a non-profit organization founded by the Moravian church in Ústí nad Orlicí, Czech Republic

is looking for

a young men or women,

18 to 30 year old, living in European Union,

interested in a 12 month long service with pre-school kids, children and youth,

including the Roma (gipsy) youth.

We look for a young person who would like to join our work with disadvantaged kids in an after-school leisure club, with preschool kids, in a school canteen and in beekeeping (7 hours a day, free week-ends).

The service should start on February 2019.

We offer to become part of the voluntary service (previously called EVS, under ERASMUS + program)

With a benefit of:

* training

* language course

- * accommodation , food and pocket money
- * transportation
- * local church community
- * one month of holiday during the 1 year service.

If you find this call interesting, please contact us at evs@jbuo.cz.



You can find more about our work in Czech from our web (only in Czech): Children : <u>http://www.rcsrdicko.estranky.cz</u> Youth <u>http://kamin.klubexit.cz/</u>

Daniel Dostrašil, EVS coordinator

Where is it?

Ústí nad Orlicí is a district town in in the Pardubice region in Eastern Bohemia , located in a picturesque valley at the confluence of the Tichá Orlice and Třebovka rivers. The town is situated at the altitude of 350 meters above the sea level and at the distance of 150 kilometres to the east from Prague. Today, there live 15,000 inhabitants. The very beginnings of the town existence fall into the second half of the 13th century. As a district town, there is a very good public transport connection to the capital (2 hours by train , no need to change) and other surrounding towns. The town itself is surrounded by mountains and forests - beautiful nature, many possibilities to pedestrian and bicycle trips.

Ústí nad Orlici, as a small district town, is the centre for culture and sports of the region. There is a theatre, sport facilities, swimming pool, aquapark, museum, a dance hall, a shopping mall, restaurant, library, banks, hospital and clinics. Our town is very well equipped for both summer and winter sports (www.ustinadorlici.cz)

Weather: summer: 20 to 30 °C, in winter: snow and a little bellow 0°C, but -20°C is possible.







What is it about:

The project FREEDOM 100 aims to include two volunteers in the activities of the Family centre in Usti nad Orlici (*we already have the first one with us, from Armenia*). The volunteers will work with preschool kids in the Family centre and aid in running a kids club for white and Roma kids from dysfunctional families. The requirement to the volunteers is: the love to the children/youth and joy from volunteering work. We want the volunteers to join the Czech volunteering team and bring its own new fresh ideas and creativity into the life of the Family centre and the kid's club.

We offer a long term volunteering (12 month) in order to have enough time for relationship building, language learning, developing a personal project and planning follow-up projects.

Project FREEDOM 100 is meant to remember that in 1918 Armenia, Czechoslovakia and many other countries gained independence after centuries of slavery. Each country had a different story, but all men want to live in freedom. To commemorate together the gift of freedom, we will organize many events on schools and churches, to feel and celebrate the value of freedom.

The volunteers are going to use non-formal teaching methods, use arts, sports and outdoor activities and their personal creative gifts to take part on the Family centre / kids club activities and join the teams of the Family centre youth volunteering group.





Who are we?

The Family centre LittleHeart ("RC Srdicko" in Czech) is a small non-profit organization, whose target group are young families and their kids, who are interested in creating relationships and meet new people in the time of their maternity leave. We work equally with young local volunteers (15-25years), organizing kids clubs (6-15 years old) from broken homes, holding summer children camps and youth weekend retreats. We have a strong contact with the local community, especially to the Czech students and young local volunteers, who are involved as helpers in our Family centre programs.

Our aim is to generate community activities connecting people across the generation barriers, promoting volunteering and civic involvement. We have different ways of fundraising to cover our expenses – running a Café Bar, school canteen and beekeeping activities.

We have more than a 8 year experience in the field of EVS, both as hosting and sending volunteers. Connecting Czech and international volunteers and promoting volunteering in our community is one of our goals. We organize public libraries, school presentations and other leisure time activities, described above. We use non formal methods in the area of youth work.

Our NGO is in close connection with a local church (established in 1457 in our region). That connects us to all generations of the local community, to volunteers and young leaders. We have at our disposal the church building and garden, cooperating with other NGOs, as well as with the local town hall and social ministries targeting the disadvantaged youth and minorities.







FAQ:

The accommodation will be in a rented room with shared kitchen and bathroom, not far from the Family centre. Participant will prepare his/her meals on his/her own or together with roommates. Participant is responsible for cleaning his/her clothes and flat. Participant is responsible for keeping the living area clean and to take care of the equipment. Volunteers are not allowed to transform the room into a youth hostel for friends, but visits are permitted on demand.

Pocket money is about 5 euro per day. The instalment will be paid within the first 7 days of the month.

Money for food in amount of 125 euro per month. The budget of money for food will be paid within the first 7 days of the month. It is possible to order lunches in the local school canteen for 2 euro per day. Volunteers may also cook individually or together and buy products for food in shared kitchen. Oven, fridge, freezer and equipment available.

According to the conditions of the volunteering programme, participants in the project can have their travel expenses reimbursed. The reimbursement covers your departure from your home town (residence) to the place of activities: Ústí nad Orlicí. You must depart from the country you represent: for example, if you are a representative of Spain, you must depart from Spain. The reimbursement covers only traveling by plane, train and bus. Money paid for taxi cannot be reimbursed! Please keep all receipts and invoices with you. The travel costs will be paid after the service, when the receiving organization has all the documents for the costs (invoices, tickets and receipts).

Language training: Czech is not an easy language, so you will have the opportunity to learn it with a local teacher. 150 euro is dedicated to this intense language course in the beginning of your service.

A mentor is a young person, helping you to accommodate to the local culture and mindset. The mentor is speaking English and has experience with our previous EVS projects. He /she will be on YOUR SIDE during your volunteering adventure.

Our project has been approved and funded by the Czech national agency. You will need to find a sending organization in your country, that will create partnership with us and become your sending organization. Search your closest one here: https://europa.eu/youth/volunteering/evs-organisation_en

Check us on facebook: www.facebook.com/rcsrdicko/



