



YOUTH CENTRE MARTTINEN,
VIRRRAT, FINLAND

COFFEE WITH WORLD

Volunteering team activity
11.10.-6.11.2019

EUROPEAN SOLIDARITY CORPS
(ESC)

— 25 Years —

Marttinen

Youth Centre in Virrat



YOUTH CENTRE MARTTINEN

Youth Centre Marttinen, located in Virrat, Finland, is one of the 9 youth centres in Finland approved and supervised by the Ministry of culture and education. The Finnish Youth Centres are residential educational facilities for organising courses, camps and other youth work activities, acting also as leisure time centres that are specialised in youth activities. The main aim of our centre is to provide and support quality of youth work in the region, working tightly together with different regional, national and international partners. Marttinen develops and implements youth work methodology (such as social youth work, adventure pedagogics, school cooperation etc.) supporting competence development of the young people and youth workers in the area.

Youth Centre Marttinen has experience in youth work for 25 years and international youth work is a big part of it - recognised by the Council of Europe's Quality Label for youth centres. This experience gives us an expert status working on activities and working with young people i.e. through adventure education, social youth work and formal / non-formal education cooperation.

Coffee with world 11.10.2019 – 6.11.2019

The aim of the project is to promote and inform young people and youth workers about international possibilities, especially volunteering group as an opportunity for learning and furthermore support local actors and communities to start benefitting from international projects.

The project will bring together 12 volunteers from Slovenia, Estonia, Ireland, Portugal, Spain and Finland. During the 25-day long ESC project the volunteers are going to work on increasing the cultural awareness through organising international activities in the rural area surroundings of Marttinen Youth Centre. There will be multiple visits around the venue in small teams. The volunteers will have an active role in setting up workshops both in the surrounding municipalities youth houses and schools, working together with our regional partners. In some evenings there will be conversation workshops with volunteers and local people of Virrat, where local people can meet and discuss different topics with volunteers over the coffee.

In the end of the three weeks period, together with Marttinen crew, the volunteers will launch the Main Event in Youth Centre Marttinen. The idea of the day is to offer international workshops for local youth and students.



Objectives and impact

In order to support the aim, we foresee the following concrete objectives:

Volunteers will create non-formal workshops and visits as a team to the regions municipalities, where young people and youth workers can learn about ESC opportunities

capture /record (video) their own stories of becoming a volunteer and their international experiences / how it has affected them.

create promotional tools to support the awareness of international activities

create photos and video from daily activities and inform public about it through social media

create evening conversation workshop for interested local people

create an activity day (open doors) in the end of the project for the region's young people and people interested about international possibilities

Volunteers will be trained by professionals, and have an opportunity to learn about:

- Planning, implementing and evaluating workshops, along with initiative taking skills
- Working in an intercultural team, communication skills
- Finnish youth work structures and methodologies, including rural youth work, youth policy
- Leadership and project management skills, along with social and competences



PRACTICAL INFORMATION

Accommodation

The volunteers will be living together in our log cabins in shared rooms. The cabins are located in the main venue of Marttinen, nearby the lake.

<https://www.marttinen.fi/accomodation/log-cabins/>



Daily tasks and working hours

Volunteers will work mainly 6-7 hours / per day. The weekends are leisure time, if not agreed differently. If there will be work during the weekends, there will be the same amount of days free.

SUPPORT FOR VOLUNTEERS

BEFORE & AT THE VERY BEGINNING

- 2-3 pre-departure meetings between sending organisation and volunteers
- On arrival training at the very beginning of the project

DURING THE PROJECT

- Mentoring sessions by our mentor
- Daily reflection sessions to integrate information and share learning outcomes
- Support from sending organisations
- On going support from 2 professional youth workers of youth centre Marttinen
- Flexibility in supporting to volunteers special needs (individual support when needed)
- Pocket money 5 € / day
- Daily food served in our restaurant
- Accommodation

AFTER THE PROJECT

- Evaluation meeting for volunteers in home countries after returning from ESC- project



TRAVEL ARRANGEMENTS

The arrival date is 11th of October 2019.

Flights can be bought to Helsinki-Vantaa Airport. From the airport book a train to Tampere. It takes approx. 1,5-2 hours from Helsinki airport to Tampere. Meeting point for the whole group is in Tampere Railway Station.

The train tickets can be bought here
<https://www.vr.fi/cs/vr/en/frontpage>

The Team of Marttinen Youth Centre will organise the travels from Tampere to Marttinen youth centre. **THE BUS PICKS UP THE GROUP FROM TAMPERE RAILWAY STATION ON 11.11.2019 AT 19:00.** 📍

Please be advised that there is no public transport between Tampere and Marttinen youth centre. Should you miss the common bus, you will have to book a taxi at your own expense (140 €) to arrive to us.

In case of any questions/challenges of arriving by that time, please contact us.

The departure date is 6th of October.



Reimbursement of travel expenses will be covered up to the budget.

Volunteers (/together with their sending organisation) are responsible for searching for adequate flights, respecting the mobility dates and the traveling budget. In case of going over the budget each volunteers are responsible for paying extra expenses.

All the travel documents need to be kept save for reimbursements by the hosting organisation.

Budget for traveling

Portugal	530€
Spain	530€
Ireland	360€
Slovenia	275€
Estonia	180€

WHAT TO BRING WITH

- warm clothes
- waterproof shoes (rubber boots/ hiking boots)
- gloves, hat, warm socks, scarf
- rain coat
- outdoor clothes, clothes that can get dirty
- sport clothes
- swimming suit for sauna and swimming
- personal things: hygiene, medication, or other thing you need for your own well-being
- brochures material from your organisation
- head lamp/torch, if possible
- snacks, games etc. from your country
- European Health Card
- Cigna insurance (from your organisation)
- additional insurance for your luggage, if you find it useful (on your own expense)

Weather

This time of the year is already cold in Finland. Temperatures are already between -2 - +10 C degrees. (Despite of the weather) we will have some activities outdoors, as well. Make sure you have warm clothes and waterproof shoes with you.

<https://www.foreca.com/Finland/Virrat>

<https://en.ilmatieteenlaitos.fi/weather/virrat>

For the reimbursements, remember to keep all the tickets and boarding passes safe!

VIRRAT AND LEISURE TIME IN MARTTINEN

Virrat is a countryside town with approximately 7500 inhabitants, situated in the middle beautiful Finnish lakeside nature, about 280 km north of Helsinki. The town of Virrat offers all the essential services for working and living leisure time activities, including sports and music activities for young people. Youth Centre Marttinen is located about 5 km from the Virrat town centre. Marttinen surroundings offer a lot of cultural value through its history. The centre main building used to be an old rectory, built in 1892 and a traditional village (with old Finnish countryside) architecture has been built around it, now being used for the youth centres purposes. From Virrat one can find bus connections daily to the nearest cities (Tampere, Jyväskylä, Pori, Kokkola) and even directly to the capital city Helsinki.

Marttinen has opportunities for a wide range of indoor and outdoor activities sport activities the year round. On the lush island of Marttinen, you have a chance to expand your understanding of nature and the environment and strengthen your bond with nature. During your stay, you will have a chance to get familiar with very Finnish way of living: going to sauna and swimming in (cold) lake.





OUR VALUES

EQUALITY AND COMPANIONSHIP

No matter what our differences, we are all equal. We believe in promoting equality through our environment and actions. Together, we engage in shared activities and promote companionship and solidarity between children and youth on their own terms. We fight against bullying and support our friends.

RICH IN EXPERIENCES AND DIVERSITY

All of us yearns for adventures and new experiences. Diverse activities, learning new and closeness with nature are important to us. New experiences allow us to learn new skills and take a break from everyday life.

INCLUSION

Our voices are heard and our opinions hold real weight. We are genuinely included and engaged in organising the centre's activities.

SAFETY

We want to feel safe in a comfortable environment, where daily activities are consistent and predictable and our voices are heard.

CONTACT AND ADDITIONAL INFORMATION

For more information International Youth Work Coordinators
available via email, WhatsApp and FB

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Youth Centre Marttinen - www.marttinen.fi

Finnish Youth Centers - www.snk.fi/finnish-youth-centre-network.html

Town of Virrat - www.virrat.fi

More about Finland - <https://finland.fi/category/facts-stats-and-info/>

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